This group will be offered to all people who identify as a member of the Black race regardless of ethnicity.

**YES,**

**I AM BLACK AND I AM PROUD**

Is a drop-in group which will be a safe and confidential space for folks to vent, talk, voice their experiences with racism, oppression, stereotype, invisibility, microaggressions, disrespect, stress of being the one, ignorance by others, language coding and racial trauma not only on society but also here at Harvard.

**WE ARE TRYING TO MAINTAIN OUR SANITY IN AN INSANE RACIST SOCIETY**

*All day, every day, all the time: as Fannie Lou Hammer said years ago,*

*“sick and tired of being sick and tired.”*

This supportive group will be on Tuesdays at 4PM via Telemedicine and facilitated by Dyanne London Ph. D. an African American Psychologist.

**First Meeting will be October 5, 2021**