FLU Vaccine Recommendations 2018—2019
The Center for Disease Control (CDC) recommends an annual flu vaccine for everyone over the age of 6 months, except for those with severe egg or vaccine allergies/responses.

HUHS WILL OFFER THE HIGH DOSE VACCINE FOR ALL ADULTS AGE 65 AND OLDER

What if I’m allergic to latex?
There is no latex in the vaccine or the syringe.

What is in this years’ vaccine?
A/Michigan (H1N1), A/Hong Kong (H3N2) and B/Brisbane (Victoria lineage) are in both vaccines. B/Pluket (Yamagata lineage) is only in the regular flu vaccine.

Why do you recommend the high dose vaccine?
Aging decreases the body ability to develop a good immune response. Data from clinical trials comparing the two vaccine among persons aged 65 years or older showed a stronger immune response (i.e., higher antibody levels) with the high dose.

What if I’m close to age 65 and want the high dose?
It can only be given to adults who are 65 and older at the time of the immunization. It has not been approved for anyone else.